



Kingswood Centre Menu Selection

Through our Kingswood Centre Bakery/Catering program facility, we offer a selection of meals produced in our dedicated facility by individuals with intellectual and/or dual disabilities, providing specialized training in the culinary arts. Participants take pride in their work, contributing to the production of high-quality baked goods and fresh or frozen meals enjoyed by the community. We appreciate your support.

MEALS

- Beef Stew
- Beef Stroganoff **(Family Size)**
- Chicken & Broccoli Casserole
- Chicken & Gnocchi Pot Pie
- Casserole
- Chicken Alfredo **(Family Size)**
- Chicken Dinner **GW***
- Chicken or Beef Pot Pie
- Chicken Tetrazzini
- Goulash **GW***
- Lasagna **GW***
- Mac & Cheese
- Meatloaf
- Spaghetti Pie **(Family Size)**
- Sweet & Sour Meatballs
- Twice Baked Potato Casserole

PIZZA

- Glutenwise options available*
- Bacon, Mushroom &
- Green Pepper
- Cheese
- Hawaiian
- The Works
- Meat
- Pepperoni
- Vegetarian
- Pizza Kit **(Family Size)**

SOUPS

- Beef Chili **GW***
- Chicken Noodle **GW***
- Corn Chowder **GW***
- Hamburger
- Wild Rice **GF***

BISCUITS

- Plain **GW***
- Cheese **GW***
- Cinnamon Raisin
- Garlic & Herb
- Scones (Plain, Chocolate Chip, or Lemon Blueberry)
- Mini Cinnamon Rolls **GW***

COOKIES

- Chocolate Chip **DF***
- Ginger **DF***
- Lemon Sugar
- M&M
- Monster
- Oatmeal **DF***
- Oatmeal Chocolate Chip **DF***
- Oatmeal Raisin **DF***
- Peanut Butter **DF***
- Peanut Butter Chocolate Chip **GW* DF***
- Sugar
- Triple Chocolate

SQUARES

- Aero Bars
- Aly-Oopsie Bars
- Banana Bars
- Brownies **GW* DF***
- Bumbleberry Crumb
- Butter Tart
- Caramel Shortbread
- Carrot Cake
- Chocolate Chip Cheesecake
- Date
- Fudge Squares
- German Chocolate Brownies
- Lemon Brownie
- Lemon Crumb
- Nanaimo
- Outrageous Brownies
- Peanut Butter Nanaimo
- Raspberry Cheesecake
- Raspberry Coconut
- Rocky Road
- Toffee Top Cheesecake
- Walnut Brownies

TARTS

- Butter Tarts **DF***
- Fruit Crumble
- Raspberry Coconut Tarts

CUPCAKES

- Carrot **GW***
- Chocolate
- Vanilla

CAKES

- Black Forest
- Carrot Cake
- Chocolate or Vanilla
- Ding Dong *(Chocolate Cake with Vanilla Mousse and Chocolate Ganache)*
- Lemon Raspberry Mousse
- Marble

MUFFINS

- Banana
- Banana Chocolate Chip
- Banana Nut
- Black Forrest
- Blueberry Crumb
- Bran
- Carrot
- Chocolate Chip
- Lemon Cranberry
- Oatmeal Chocolate Chip
- Peach Crumb

PIES

- Apple **DF***
- Banana Cream
- Blueberry **DF***
- Bumbleberry **DF***
- Cherry **DF***
- Chocolate Cream
- Coconut Cream
- Lemon Meringue
- Peach **DF***
- Pecan
- Raspberry Cream

GW* – Glutenwise Option Available DF* – Dairy Free Option Available